

Full Report (All Nutrients) 45054860, FRESH YOUNG TURKEY, GROUND TURKEY BREAST WITH NATURAL FLAVORING, UPC: 041497065769

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Report Date: May 22, 2017 11:44 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	4.0 oz 112g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	120	107
Protein	g	--	--	28.00	25.00
Total lipid (fat)	g	--	--	1.00	0.89
Carbohydrate, by difference	g	--	--	0.00	0.00
Minerals					
Iron, Fe	mg	--	--	1.44	1.29
Sodium, Na	mg	--	--	55	49
Vitamins					
Lipids					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	69	62

Amino Acids

Other

Ingredients

GROUND TURKEY BREAST AND NATURAL FLAVOR *Date Last Updated by Company:* 09/18/2014